



INDIVIDUAL TRANSITIONAL PROGRAM INFORMATION

We provide a **group home for men aged 25 years or older** with 12 individual **private rooms** and shared communal spaces, such as bathrooms, kitchen, living, and outdoor areas.

We focus on individuals who have been **facing high barriers** to housing such as criminal background, substance abuse, mental health challenges, homelessness, etc. We are unable to include those with a sexually violent predator (SVP) status or with murder charges/convictions but are otherwise open to accepting individuals who demonstrate **readiness to move past their criminal history**, if any.

Our program has a sober living element, in that **substances are not allowed** on our property, but is not necessarily best described as a “sober home” since it is very much **self-directed** with minimal supervision and structure, most appropriate for those who have **well established sobriety and control** of addictions.

Participation in **case management** is required, and our case manager assists with **pursuing goals** and coming up with a permanent housing **stability plan**. It is a requirement for our program that individuals are willing and able to **work full-time** and that they can find employment within 60 days. There is a **\$450 monthly** program fee once an individual has secured employment. **Community is also key** to the success of the environment, so we do our best to make sure that applicants are ready to build that community with our other residents to **foster a positive environment** for all. As we **do not have 24x7 supervision** or staff availability, we heavily consider factors such as length of sobriety, demonstrated evidence of **accountability, self-motivation, and open communication** throughout the application process.

Our program is very individually focused, and we do not have set time frames for how long someone can stay with us, as it really depends on specific needs and the effectiveness of their permanent housing plan. Typically, residents stay with us **anywhere from 6 to 18 months** before moving on to the next stage of their plan. Because of that **flexible structure** in our program, when we do not have space available immediately, we do maintain a standby list of approved applicants, managed based on individual needs, time on the standby list, and DOC tabled status, if applicable.

Our **application process takes at least 2-3 weeks** to complete to approval. The first step is to **thoroughly** complete an application for our program **in full**. For applicants who are currently incarcerated or reliant on a case manager for communication, we will need a signed release of information (ROI) to include the case manager in communication, which will typically expedite response times, interviews, and the overall process. Email completed applications to josh@ithakahousing.org or mail to 321 Mesa Road, Colorado Springs, CO 80905 or manually insert into the locked drop box outside our office door at any time of day.

KEY PROGRAM ACCEPTANCE REQUIREMENTS

- Application filled out **completely** and correctly - **HONESTY & ACCOUNTABILITY** are non-negotiable!
- Must be at least 25 years old.
- No criminal murder convictions or charges, nor designation of sexually violent predator (SVP) status.
- Willingness & ability to obtain **full-time employment** (35+ hours/week) within 60 days of move-in.
- COVID-19 **vaccination** is required.
- Stable physical & mental **health wellness** using established self-care strategies & treatment methods.
- Well **established sobriety** - Ithaka is a sober substance-free environment, NOT a sober living home or facility with adequate support structures to facilitate recovery from recent addiction or dependency.
- Desire to establish and maintain **self-sufficiency**.
- Willingness to **meet with case manager** at least twice per month.
- Open to random room inspections and drug screenings.
- Compliance with all **house rules and shared chores**, at a minimum.
- Communication and **community** are vital commitments to really thrive in the program.
- Willingness to always **communicate** truthfully and thoughtfully with staff and housemates.